

## The Glorious Mysteries (said on Wednesdays and Sundays)

### 1. The Resurrection

Jesus rises glorious and immortal, three days after His death.

### 2. The Ascension

Jesus ascends into Heaven forty days after His Resurrection.

### 3. The Descent of the Holy Spirit

The Holy Spirit descends upon Mary and the Apostles.

### 4. The Assumption of the Blessed Virgin Mary

The Blessed Mother is united with her Divine Son in Heaven.

### 5. The Coronation of the Blessed Virgin Mary

Mary is gloriously crowned Queen of Heaven and earth.

## The Luminous Mysteries (Said on Thursdays)

### 1. The Baptism of Christ in the Jordan

The heavens open wide and the voice of the Father declares Jesus the beloved Son.

### 2. The Wedding at Cana

The first of Jesus' signs, in which Christ changes water into wine and opens the hearts of the disciples to faith, thanks to the intervention of Mary, the first among believers.

### 3. Proclamation of the Kingdom

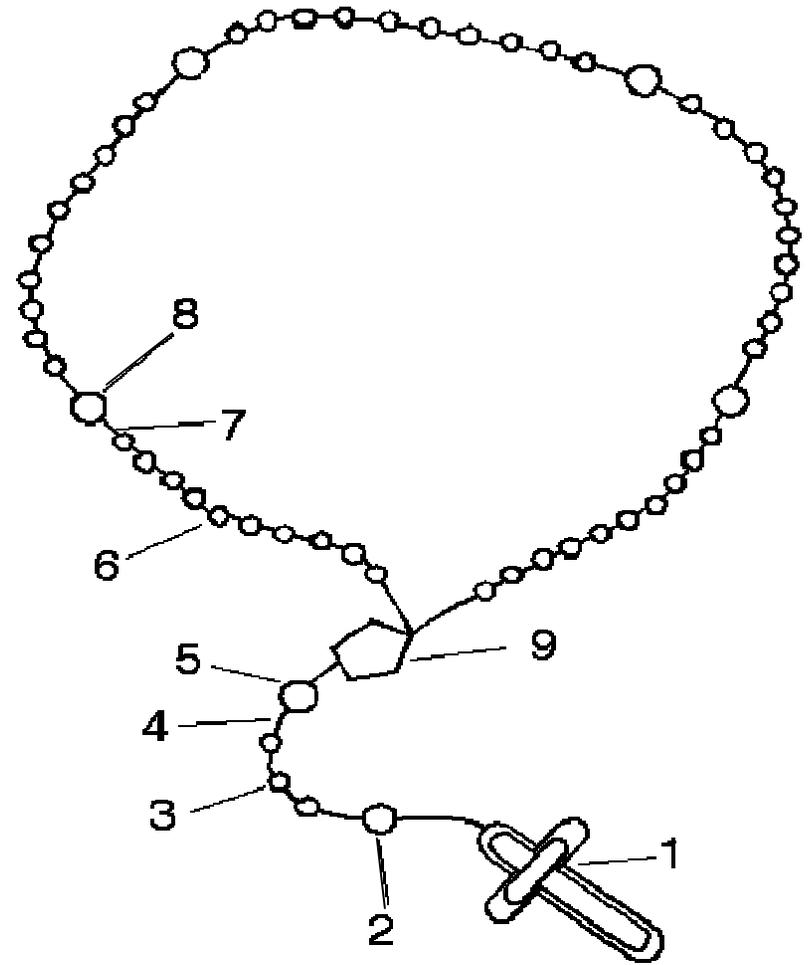
Jesus proclaims the coming of the Kingdom of God, calls all to conversion and forgives the sins of those who draw near to Him in humble trust.

### 4. The Transfiguration

The glory of the Godhead shines forth from the face of Christ as the Father commands the astonished Apostles to "listen to him."

### 5. Institution of the Eucharist

Christ offers his body and blood as food under the signs of bread and wine, and testifies "to the end" His love for humanity, for whose salvation He will offer Himself in sacrifice.



1. Always start by making the Sign of the Cross and praying the Apostle's Creed.
2. Recite the Our Father
3. Say three Hail Marys
4. Say the Glory Be and the Fatima prayer.
5. Announce the first Mystery.
6. Say ten Hail Marys.
7. Say the Glory Be and the Fatima prayer.
8. Repeat steps 5, 6 and 7 for the second, third, fourth and fifth mysteries.
9. Pray the Hail Holy Queen.
10. Finish with the Sign of the Cross.

## The Prayers of the Holy Rosary

### **Apostle's Creed**

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

### **Our Father**

Our Father who art in heaven, hallowed by thy name. Thy Kingdom come, thy will be done on earth as it is in Heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen.

### **Hail Mary**

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen.

### **Glory Be**

Glory be to the Father, and to the son, and to the Holy Spirit. As it was in the beginning is now, and ever shall be, world without end. Amen.

### **Fatima Prayer**

Oh, my Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls to heaven, especially those in most need of thy mercy.

### **Hail Holy Queen**

Hail, Holy Queen, Mother of Mercy, our life our sweetness and our hope. To thee do we cry poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then most gracious advocate, thine eyes of mercy toward us; and after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary. Pray for us, oh holy Mother of God that we may be made worthy of the promises of Christ.

## **Mysteries of the Rosary**

### **The Joyful Mysteries**

Said on Mondays and Saturdays (and Sundays during the Christmas Season)

#### **1. The Annunciation**

The Angel Gabriel appears to Mary, announcing she is to be the Mother of God.

#### **2. The Visitation**

Elizabeth greets Mary: "Blessed art Thou among women and blessed is the fruit of thy womb!"

#### **3. The Nativity**

The Virgin Mary gives birth to the Redeemer of the World.

#### **4. The Presentation**

The Blessed Mother presents the Child Jesus in the Temple.

#### **5. The Finding the Child Jesus in the Temple**

The Blessed Mother finds Jesus in the Temple.

### **The Sorrowful Mysteries**

Said on Tuesdays and Fridays (and Sundays during Lent)

#### **1. The Agony in the Garden**

At Gethsemane, Jesus prays as He contemplates the sins of the world.

#### **2. The Scourging at the Pillar**

Jesus is cruelly scourged until His mortified body could bear no more.

#### **3. The Crowning with Thorns**

A crown of thorns is placed on the head of Jesus.

#### **4. The Carrying of the Cross**

Jesus carries the heavy cross upon His shoulders to Calvary.

#### **5. The Crucifixion**

Jesus is nailed to the cross and dies after hours of agony.